



Player NAME: _____

Team: _____

Date: _____

Code of Conduct

We strive to teach, model, and emphasize good sportsmanship at all times.

COACHES

- come to practices on time and prepared
- maintain an appropriate coach-player relationship, on and off the court
- constantly strive to provide an environment for every player to thrive physically, mentally, and emotionally
- display and model good sportsmanship towards players, officials, parents, opponents
- make decisions based on what is best for the team
- instruct and emphasize good fundamentals
- place an emphasis on growth and development over winning
- communicate regularly with players and parents

Coach initials: _____

PLAYERS

- come to practice prepared and committed to work hard with a positive attitude
- show up on time to practices and tournaments; give coach 24 hours notice if you are going to miss a practice
- display good sportsmanship and respect for coaches, officials, and opponents
- communicate with your coach, express your concerns, be receptive to feedback
- give optimal effort no matter what the score or situation; always strive to do the next thing right
- team before individual
- represent LJV well at all times... this includes Social Media!
- Abide by UVA Volleyball Code of Conduct; zero tolerance. Infraction or violation will be grounds for suspension or dismissal from LJV

PLAYER'S hand-written name/signature: _____

PARENTS

- be involved when possible with team activities (carpool, chaperone, food/drinks, tents/chairs, hosting, supporting coach), promote team unity
- be positive and supportive of your child; cheer for him/her but refrain from instructional comments during competitions
- display good sportsmanship to all coaches, players, officials, opponents and other parents
- concerns must be brought to coach or director's attention by player first, before parent involvement (or together, if U12), and abide by 12-hour rule after tournaments
- enjoy the season and your child's development as a player and teammate
- drop off/pick up players on time
- pay all club fees on time

Parent initials: _____